

UC DAVIS

OMBUDS OFFICE

*Come with a problem.
Leave with a plan.*

Staff & Faculty Virtual Workshops 2025 - 2026

CONFLICT COMPETENCE FOR MANAGERS AND SUPERVISORS

**Two-Day Course: Thursdays,
August 14 & 21, 2025, 8:30am – 12pm
January 8 & 15, 2026, 8:30am – 12pm
April 22 & 29, 2026, 8:30am – 12pm**

Learn to manage conflicts and navigate interpersonal dynamics as a team leader.

CONFLICT COMPETENCE: CREATIVE PROBLEM SOLVING IN THE WORKPLACE

**Tuesday, September 30, 2025, 12pm – 1pm
Thursday, February 12, 2026, 12pm – 1pm**

Learn to generate solutions that meet your needs in complex situations.

CONFLICT COMPETENCE: GETTING TO THE ROOT OF GROUP CONFLICT

**Wednesday, October 29, 2025, 12pm – 1pm
Thursday, March 19, 2026, 12pm – 1pm**

Learn to identify and address hidden sources of group conflict.

Registration Information



Nursing CE credits available!

CONFLICT COMPETENCE: FROM BYSTANDER TO UPSTANDER

**Thursday, September 11, 2025, 9am – 11am
Wednesday, February 25, 2026, 9am – 11am**

Learn strategies to support colleagues and address micro or macro aggressions in the workplace.

CONFLICT COMPETENCE FOR STAFF

**Thursday, October 16, 2025, 9am – 12pm
Wednesday, March 11, 2026, 9am – 12pm**

Learn to prevent and resolve conflicts with colleagues and managers, including communicating your needs successfully and lowering others' defenses.

CONFLICT COMPETENCE: CONSTRUCTIVE FEEDBACK FOR POSITIVE CHANGE

**Tuesday, November 4, 2025, 9am – 11am
Thursday, April 16, 2026, 9am – 11am**

Learn to employ different types of feedback, craft effective feedback, identify feedback triggers and receive feedback skillfully.

CONFLICT COMPETENCE: LISTENING TO BE HEARD

**Wednesday, December 10, 2025, 9am – 11am
Wednesday, May 13, 2026, 9am – 11am**

Learn to lower defensiveness around tense topics, listen for understanding and help others feel heard.

Created May 2025

The Ombuds Office can help you confidentially navigate concerns or conflicts. To learn more, give us a call or visit our website.

(530) 754-7233 / (916) 734-1600

ombuds.ucdavis.edu/training

